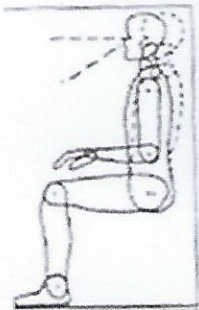




**JICHA**  
CHIROPRACTIC

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**Upright sitting posture.** The user's torso and neck are approximately vertical and in-line, the thighs are approximately horizontal and the lower legs are vertical.

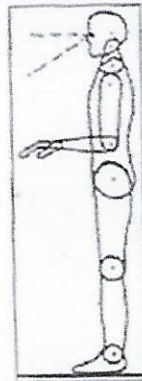


**Figure 1.**  
Upright sitting posture



**Figure 2.**  
The user's torso and neck are approximately vertical and in-line, the thighs are approximately horizontal, and the lower legs are vertical.

**Standing posture.** The user's legs, torso, neck and head are approximately in-line and vertical. The user may also elevate one foot on a rest while in this posture.



**Figure 3.**  
Standing posture



**Figure 4.**  
The user's legs, torso, neck and head are approximately in-line and vertical.